

## Our Team

**Dr. Priya Manjoo**, MD, FRCPC  
Endocrinology, American Society of  
Hypertension Specialist, Dip. of the  
American Board of Obesity Medicine,  
Clinical Assistant Professor UBC

**Dr. Jennifer Rajala**, MD, FRCPC Cardiology,  
American Society of Hypertension  
Specialist, Clinical Instructor UBC

**Dr. Richard Bebb**, MD, ABIM, FRCPC  
Endocrinology, Clinical Associate Professor,  
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**Dr. Oscar Cruz Perera**, MD, FRCPC  
Gastroenterology and Hepatology, Clinical  
Assistant Professor, UBC

**Dr. Rohit Pai**, MD, FRCPC Gastroenterology  
and Hepatology, Clinical Assistant  
Professor, UBC

**Dr. Reginald Smith**, Pharm.D., Cardiac  
Services, Royal Jubilee Hospital and Victoria  
Heart Institute, Victoria, BC

**Dr. Kevin Garside**, MD, General Practitioner

### DIETITIANS

**Julie Kostyk**, B.Sc. RD

**Heather Janicki**, B.Sc. RD, CNSC

### DIABETES EDUCATOR

**Carole Ferguson**, B.Sc. CDE

**Stacey Lacerte**, CDE

Electrodiagnostic Technician

**Cora Bailey**, Registered Cardiology  
Technician



### Contact Us For Referral Forms or See Link Below:

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Fax: 250-412-6464**

**[www.victoriacmcc.com](http://www.victoriacmcc.com)**

### Sponsored by:



### In Collaboration With:



## The CardioMetabolic Collaborative Clinic

*Improving your cardiometabolic  
health one risk factor at a time.*

Specialist run  
Multidisciplinary  
Evidence Based



## Does your patient have:

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Uncontrolled cardiometabolic risk factors including:

- Hypertension
- Dyslipidemia
- Type 2 Diabetes

Are they < age 75?

Interested in lifestyle change?

### Patients enrolled will have:

- Baseline assessment
- Intensive medical therapy to attain evidence based targets
- Enrollment in a lifestyle program

This is a pilot project.

At present, patients with end stage renal disease are beyond the scope of this clinic, and would require a direct referral to one of the specialists for individual assessment instead.

## CMCC Clinic Streams

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### Hypertension Clinic

\*Affiliated with the BC Hypertension Network

### Diabetes and Dyslipidemia Clinic

### Fatty Liver Disease

### CV Risk Stratification

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### As part of assessment we offer:

- Ambulatory BP monitoring
- Exercise Stress Testing
- Holter Monitors
- Testing for OSA
- Individual and Group sessions with Dietitian

## Our Lifestyle Program

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Appropriate patients will be offered this program as part of the referral

12-week evidence-based structured lifestyle program

Guided by Registered Dietitian (Individual and Group Counseling)

### Certified Craving Change Facilitators

